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Paperback - April 1,
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Cough Cures is not just about coughs - it's about natural alternatives for antibiotics, cough syrups, pain and sleeping medications, even antacids. Dr. Gus Ferrer a renowned pulmonologist and Burke Lennihan RN, a

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certified practitioner in holistic medicine, bring you a book packed with natural cures and guides to the best over-the-counter drugs for acute and chronic cough.

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Lisa Tener rated it it
was amazing. Shelves:
self-help, health.
Cough Cures is the
most well-researched
book on coughs from
two of the best experts
in the field. ...

Cough Cures: The Complete Guide to the Best Natural ...

It's best to stop a
cough by treating the

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underlying cause, whether it's a cold, allergies, acid reflux, or blood pressure drugs or other medications. But you also can try some home remedies to...

Cough Relief: How to Get Rid of a Bad Cough

Honey is a time-honored remedy for a sore throat. According to one study, it can also relieve coughs

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more effectively than

over-the-counter
medicines that contain
dextromethorphan
(DM), a cough...

Overthecounter
**7 Best Natural
Cough Remedies -
Healthline**

In the meantime, you
can also try these tips
to ease your cough:
Drink fluids. Liquid
helps thin the mucus in
your throat. Warm
liquids, such as broth,
tea or juice, can soothe

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your... Suck on cough drops or hard candies.

They may ease a dry cough and soothe an irritated throat.

Consider taking ...

Chronic cough - Diagnosis and treatment - Mayo Clinic

Cough Cures: The Complete Guide to the Best Natural Remedies and Over-the-Counter Drugs for Acute and Chronic Coughs is an

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excellent resource that would be a total asset to every household. I appreciated the balance of traditional medicine and homeopathic remedies.

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Licorice works as an expectorant and demulcent, thus helping soothe your airways while loosening and thinning

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the mucus, easing a dry cough. Its anti-inflammatory properties also help reduce irritation in the throat that causes coughing fits. Add 2 tablespoons of licorice root to a cup of hot water. Cover and let it steep for 10 minutes.

Home Remedies for a Dry Cough | Top 10 Home Remedies

Thankfully, there are a number of home

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remedies for 'dog cough' that you can administer to help ease their discomfort, as well as to speed up their recovery. Honey. Pure, raw, organic honey is a versatile medicine—and it tastes pretty great too. To administer this home remedy, give your dog a tablespoon in the morning and before bed.

3 Home Remedies

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**for Kennel Cough
You Should Know |**

MHL

The treatment of chronic cough is directed at the cause. Symptoms may be relieved with over-the-counter (OTC) cough medicines containing guaifenesin and/or dextromethorphan (these can be found as cough syrups in tablet form). The following are treatments for chronic cough caused

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by medications,
conditions, or diseases.

Natural Remedies

Chronic Cough: Treatment, Home Remedies, Symptoms, Causes

...

A chronic cough is a cough that lasts eight weeks or longer in adults, or four weeks in children. A chronic cough is more than just an annoyance. A chronic cough can interrupt your sleep

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Complete Guide
and leave you feeling
exhausted. Severe
cases of chronic cough
can cause vomiting,
lightheadedness and
even rib fractures.

Over-the-counter Drugs For Acute and Chronic **Chronic cough - Symptoms and causes - Mayo Clinic**

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Complete Guide to the
Best Natural Remedies
and Over-The-Counter
Drugs for Acute and
Chronic Coughs by
Burke Lennihan Rn,

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Gustavo Ferrer MD
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Long-term solutions to
reducing acid reflux-
induced cough, such as
diet and lifestyle
changes, are great, but
if you are coughing
now, you want
immediate relief.

Instead of reaching for

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that cough...

To The Best
**The Best Ways to
Get Rid of an Acid
Reflux Induced
Cough ...**

Over the counter
Drugs For Acute
And Chronic
Coughs
If the patient has
complete or partial
resolution of cough
after one to two weeks
of antihistamine/decon
gestant therapy, then
it is assumed that
upper airway cough
syndrome was the
cause and...

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...

Acetaminophen (i.e. Tylenol) can be used to alleviate fevers, headaches, and body aches. Anesthetic sore throat lozenges can ease the pain in your throat. Codeine and dextromethorphan can often be used as cough suppressants. Should I Call the Doctor About a Cold or Cough?

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